

## **Appendix IVb to the General Laboratory and Workshop Regulations of the University of Vienna**

### **First Aid in a Suspected Case of COVID-19 – Guidelines Issued by the Austrian Red Cross**

- Both the person providing first aid and the injured person must wear a face mask.
- Wash your hands.
- Check for breathing.
  - Check breathing by tilting the injured person's head back and look for a rise and fall of their chest or stomach. If you do not see their breaths, assume the patient is not breathing (i.e., do not put your face near their head in order to listen for breathing sounds or feel them breathe).
- Reanimation
  - If a person is suspected to have contracted COVID-19, resuscitation measures should be limited to chest compressions and, where applicable, the use of a defibrillator. In this case, do not give rescue breaths (except for when the injured person is a child).